

MAYO CLINIC



Molecular Breast Imaging

Physics and QC Testing

Carrie Hruska, PhD, DABR, FSBI
Professor of Medical Physics, Mayo Clinic, Rochester, MN

AAPM Virtual Annual Meeting, July 2021

1

Disclosures

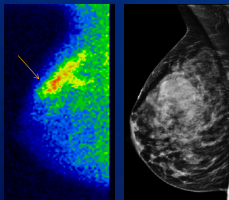
- CMR Naviscan, institutional licensing agreement
- Siemens, research agreement
- DenseBreast-Info.org, Medical Advisory Board member

2

Molecular Breast Imaging (MBI) – What do we mean?

Scintimammography
Breast Scintigraphy
Single Photon Emission Mammography (SPEM)
Breast-Specific Gamma Imaging (BSGI)
Positron Emission Mammography (PEM)
Molecular Breast Imaging (MBI)

- MBI
 - Dedicated gamma camera
 - Radiotracer: Tc-99m sestamibi





Molecular vs. Anatomic

3

MBI Protocol

- Tc-99m sestamibi administered via injection
 - FDA-approved for diagnostic breast imaging, 1997
 - Gamma-emitter, 140 keV
 - 8 mCi (~2 mSv effective dose)
 - Uptake related to perfusion, mitochondrial activity
 - Special patient prep not required
- Imaging begins about 5 min after injection
- Patient is seated, light compression applied
- Bilateral CC/MLO view
 - 10-min each (~40 min total)

Swanson et al. Best Practices in Molecular Breast Imaging... JNM-T 2018

4

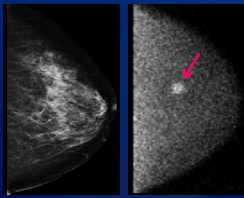
Why use MBI?

Consider MBI when:

- Conventional imaging with mammography / ultrasound is not sufficient (dense breast, post-surgery, etc)
- MRI is recommended but not feasible

ACR Practice Parameter, October 2017
SNM Practice Guideline for Breast Scintigraphy, December 2010
Updated SNMMI / EANM Procedure Guideline on Molecular Breast Imaging, coming 2021

Primary advantage: Reveals cancers masked by dense breast tissue

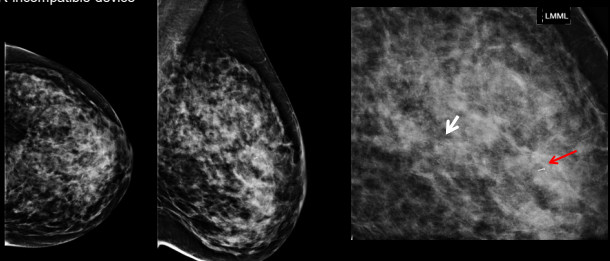


Mammogram vs. MBI

5

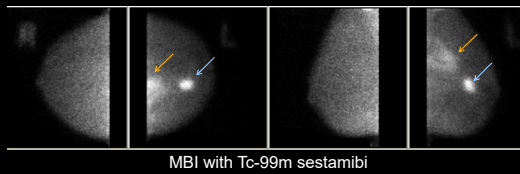
Case Example: Preoperative MBI when MRI cannot be performed

47 y old woman with palpable mass, masked on mammography by dense tissue; MR-incompatible device



6

Case Example: Preoperative MBI when MRI cannot be performed



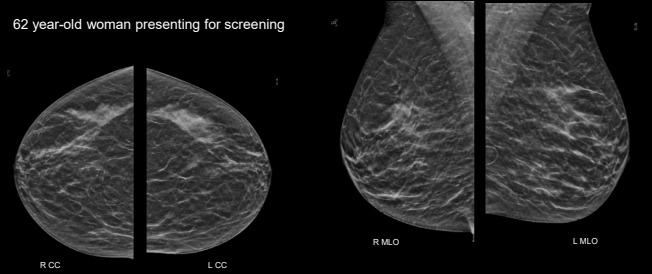
MBI with Tc-99m sestamibi

3.2 cm grade 3 IDC +
DCIS over total extent of 9 cm

7

Case Example: Supplemental Screening with MBI

62 year-old woman presenting for screening

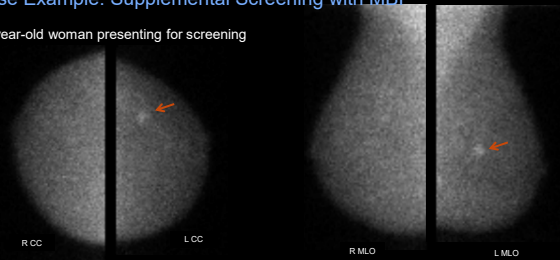


Screening DBT, Synthesized 2D shown: BI-RADS 1 – Negative, Heterogeneously dense

8

Case Example: Supplemental Screening with MBI

62 year-old woman presenting for screening



MBI with 8 mCi Tc-99m sestamibi
Focal area of moderate intensity uptake (arrows)

0.9 cm Grade 2, Invasive ductal carcinoma, Triple Negative, Node negative

9

Comparison of Modalities in Supplemental Screening of Dense Breasts beyond Mammography

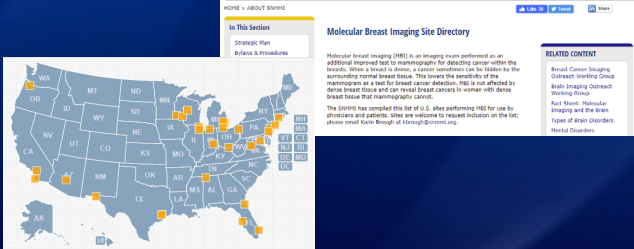
Screening Modality	Total N	Incremental CDR per 1000	Incremental Invasive CDR per 1000	Recall Rate
DBT	103,245	1.7	1.4	-2%
Ultrasound	452,743	2.0 to 2.7	1.8 to 2.3	7.6% to 10.6%
MBI	4,277	8.1	6.2	6.7%
MBI, after DBT (prelim. results)	1,608	9.3	7.5	10.3%
MRI	9,256	16.0	12.1	10.4%
Abbreviated MRI, after DBT	1,444	9.7	6.9	21.5%
CEM (retrospective analysis, women at increased risk)	1,311	10.7	8.4	15.0%



Info from Berg et al. Screening Algorithms in Dense Breasts: AJR Expert Panel Narrative Review, August 2020

10

Where is MBI?



11

Commercial MBI Systems



Dilon / SmartBreast
a.k.a. Breast-specific gamma
imaging (BSGI)
Single head NaI detector

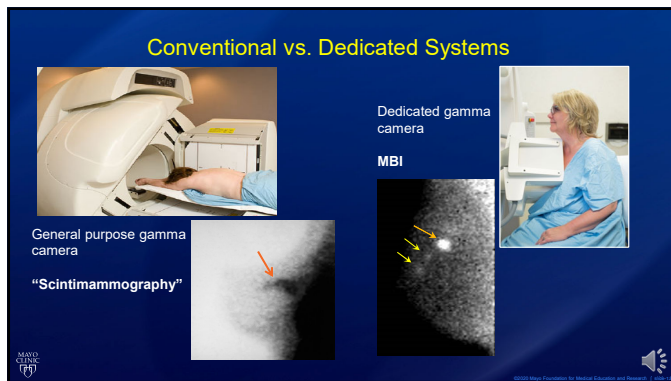


Smart Breast/
GE Discovery NM 750b
Dual-head CZT detectors



CMR Naviscan
LumaGem
Dual-head CZT detectors

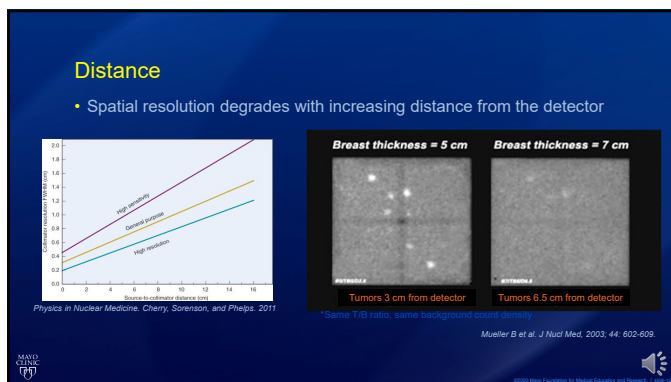
12



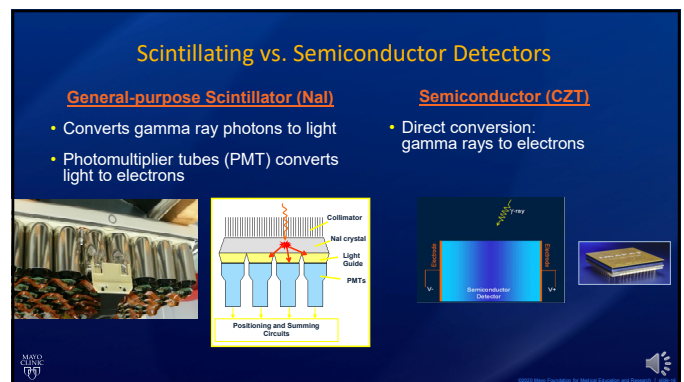
13



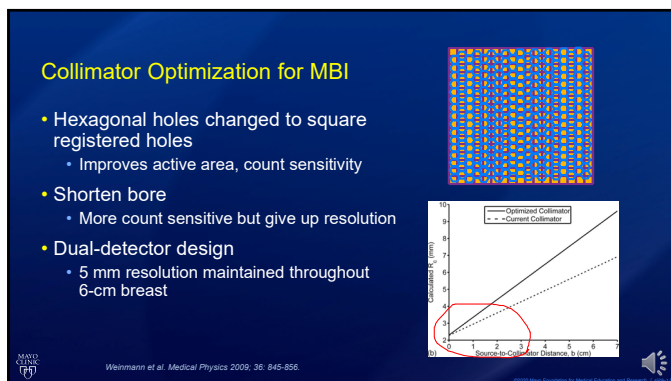
14



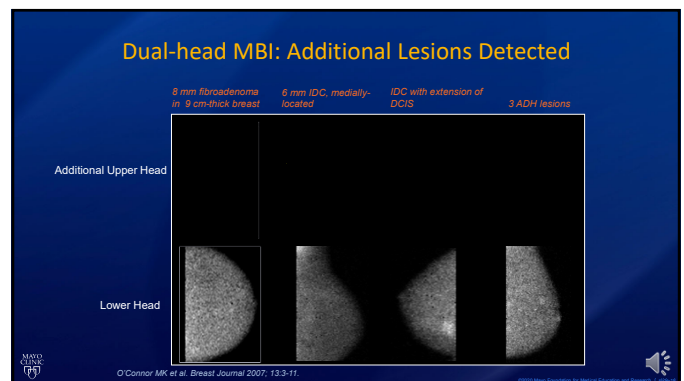
15



16



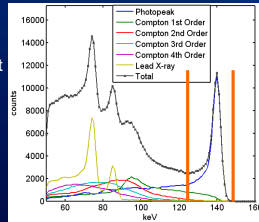
17



18

MBI Energy Acceptance Window

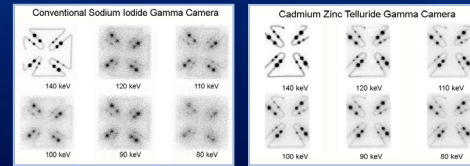
- Tailing Effect in CZT:
 - "Good" photopeak events mis-registered at lower energies
 - Due to incomplete charge trapping in semiconductor



Hruska et al. IEEE Trans Nuc Sci. 2008; 55:491-500.
O'Connor et al. Proceedings of SPIE 2010; vol 7806

19

MBI Energy Acceptance Window

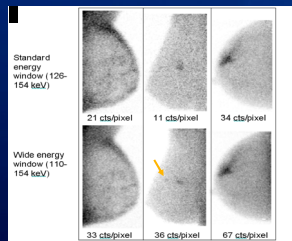


O'Connor et al. Proceedings of SPIE 2010; vol 7806

20

MBI Energy Acceptance Window

- MBI performed with conventional and widened energy window
- ~1.4 gain in counts



O'Connor et al. Proceedings of SPIE 2010; vol 7806

21

QC Testing for MBI Cameras

JNMT

Journal of Nuclear Medicine Technology

Guidelines for Quality Control Testing of Molecular Breast Imaging Systems

Search: Nardinger, Thibault, Tien, Wilson, N. Swanson, Lutz, K. Elgert, Courtes, M. Solberg, Hirsch, K. O'Connor and Carré, B. Hruska

Journal of Nuclear Medicine Technology December 2018; 31(4):343-350. doi:10.1016/j.jnmt.2018.12.001

Recommended Quality Control Testing Program for MBI Systems

Test Equipment Frequency Acquisition details Passing criteria

Uniformity ^{99m}Tc sheet source or fillable phantom Daily 7.5 million counts 45% integral uniformity

Spatial resolution 4 quadrant bar phantom Semiannually 7.5 million counts phantom angled across field of view Meets manufacturer's specifications

Sensitivity Point source Annually 120+ images 100% difference between 2 detectors

Energy resolution Point source Annually 2-keV energy windows, 1 min Full width at half maximum images < 10%

Lesion contrast Contrast-detail phantom Quarterly 1 million counts, images at 3 depths CDR1 - 3; count number of visible lesions at each depth

*All tests should be performed at acceptance testing and after major service work.

CNR = contrast-to-noise ratio.

Nardinger et al. JNMT 2018

22

Uniformity Testing

$$\text{Integral uniformity (\%)} = 100 \times \frac{\text{max. pixel count} - \text{min. pixel count}}{\text{max. pixel count} + \text{min. pixel count}}$$

- Routine daily test, before patients
- Ensure a uniform response to radiation across the detector (< 5% integral uniformity)
- Typically, extrinsic measure (collimators may not be easily removed)
- Source placed directly on camera, acquire both heads simultaneously

Small sheet source (Co-57)



Fillable source (Tc-99m pertechnetate)



Small sheet source (Co-57)

23

Uniformity Testing Considerations for MBI Systems

- Non-uniformities will be individual pixels or blocks of pixels (no PMTs)

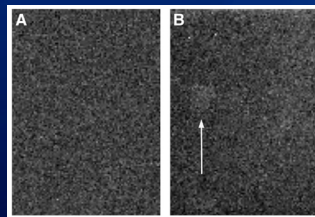


24

Uniformity Testing

Considerations for MBI Systems

- MBI systems designed for high sensitivity
- More susceptible to high energy contaminants from Co-57 uniformity maps



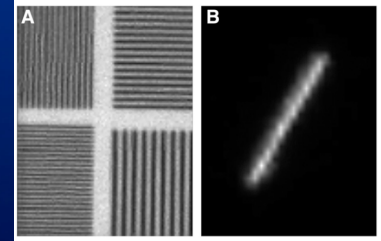
Co-57 uniformity

Tc-99m uniformity
using Co-57 map

25

Spatial Resolution

- Spatial resolution of MBI system (pixelated detectors) doesn't change over time
- Small bar phantom is easy to use
- Line source is difficult to obtain consistent results



Performance characteristics of a new pixelated portable gamma camera

W. Siman and S. Cheenu Kappadath¹

Department of Imaging Physics, The University of Texas MD Anderson Cancer Center,

Houston, Texas 77030

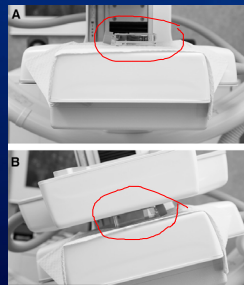
(Received 15 December 2011; revised 24 April 2012; accepted for publication 26 April 2012;

published 25 May 2012)

26

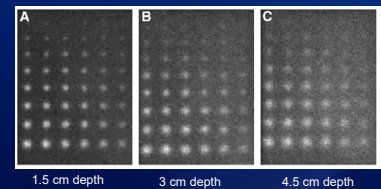
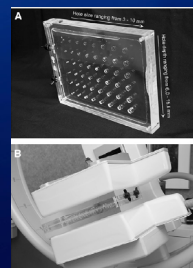
Sensitivity

- Flask with known amount of activity and thin layer of water, imaged for 2 min
- Modified to fill entire flask for dual-head
 - (if detectors cannot be rotated all the way around)



27

Contrast Phantom



1.5 cm depth

3 cm depth

4.5 cm depth

28

Today we reviewed...

- MBI protocol
- Clinical applications
- Equipment
- QC Testing

Acknowledgements

- Michael O'Connor, PhD
- Deb Rhodes, MD
- Katie Hunt, MD
- Amy Connors, MD
- Dana Whaley, MD
- Shannon Zingula, MD
- Nick Larson, PhD
- Romy Mehta
- Sara Nardinger, CNMT
- Thuy Tran, CNMT
- Tiffinee Swanson, CNMT
- Lacey Ellingson, CNMT
- Courtney Solberg, CNMT
- Ashlee Stanke, CNMT
- Jackie Moehring, CNMT
- Kathy Stern
- Emily Block

Mayo Clinic Foundation
Susan G. Komen Foundation
National Cancer Institute (R01 CA239200)

29