

# Medical Physics Navigator for Clinical Trials

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Paige Taylor, MS
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# Medical Physics Navigator for Clinical Trials



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## Disclosures

- Timothy Ritter: Therapeutic medical physicist at Virginia Commonwealth University and the Department of Veterans Affairs. Perform work under AHRQ grant 1R01HS026486-01.
- Paige Taylor: Therapeutic medical physicist; NIH funding, grant CA180803.
- Shruti Jolly: Professor at the University of Michigan. On the advisory boards for Varian and AstraZeneca; salary support from Blue Cross Blue Shield of Michigan (MROQC).



# Session Learning Objectives

- Distinguish the different types of clinical trials, identify their important elements, and identify key personnel involved in trial success.
- Understand the steps involved in clinical trial credentialing.
- Identify how medical physicists can contribute to clinical trials.



## Outline

- 1. Trial Overview
- 2. Medical Physics Roles
  - 3. Trial Organizations
  - 4. Trial Credentialing
- 5. Physician Perspective





# A Little History

- One of the first clinical trials looked at scurvy, a vitamin C deficiency that devastated sailors.



- James Lind, a Scottish Physician, studied citrus fruits as a cure.
- 12 sailors were divided into six groups of two men each.
- The "two oranges and one lemon" arm showed significant improvement after a 6 day trial (then the fruit ran out!).



- "A Treatise of the Scurvy" (1753) was published and then ignored.

For more information: https://www.medpagetoday.com/blogs/revolutionandrevelation/74568



# Purpose of Clinical Trials

"Clinical trials are research studies performed in people that are aimed at evaluating a medical, surgical, or behavioral intervention.

They are the primary way that researchers find out if a new treatment, like a new drug or diet or medical device (for example, a pacemaker) is safe and effective in people. Often a clinical trial is used to learn if a new treatment is more <u>effective</u> and/or has less harmful <u>side effects</u> than the standard treatment."



# Major Elements of Clinical Trials

- A primary clinical endpoint (e.g. "five year disease free survival")
- Sufficiently powered sample size determined by statistical analysis
- Randomization of the intervention when applicable (esp. Phase III)
  - Institutional Review Board approval and oversight
    - Informed consent from all participants
    - Meticulous data collection and monitoring
      - Monitoring for adverse events
        - A detailed written protocol





### Clinical trials look at safety and effectiveness.

### How do we do this ethically?





# A Little More History

- 10 principles of human research were outlined in the Nuremberg
   Code of 1947, a response to Nazi medical atrocities.
- The Nuremberg Code led to the Declaration of Helsinki in 1964.
- The Belmont Report was authored by a special U.S. commission for the protection of human subjects in 1979.
  - The **Belmont Report** establishes three fundamental principles for ethical research: **Respect for Persons, Beneficence, and Justice**.



# A Little More History

The **Belmont Report**'s principles are implemented via:

- 1. Informed consent
- 2. Detailed assessment of risks vs benefits
- 3. Equity in the selection of research subjects

For more information: https://www.hhs.gov/ohrp/regulations-and-policy/belmont-report/index.html





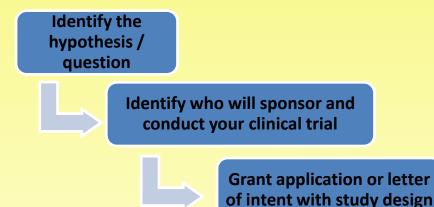
# A Little More History

- In the United States, the "Common Rule" for protection of human research subjects was passed as law (45 CFR Part 46).

- The "Common Rule" applies to all federally supported or conducted research.

For more information: https://www.hhs.gov/ohrp/regulations-and-policy/belmont-report/index.html





# Clinical Trial Development

A great deal happens before you even see the trial!

Detailed protocol development

Reference: A Handbook for Clinical Investigators Conducting Therapeutic Clinical Trials Supported by CTEP, DCTD, NCI (version 1.2, 2014)



Approvals, approvals



Infrastructure development



### Randomized Clinical Trials

# Comparison of Population-Based Observational Studies With Randomized Trials in Oncology



Payal D. Soni, MD<sup>1</sup>; Holly E. Hartman, MS<sup>2</sup>; Robert T. Dess, MD<sup>2</sup>; Ahmed Abugharib, MD<sup>3</sup>; Steven G. Allen, PhD<sup>2</sup>; Felix Y. Feng, MD<sup>4</sup>; Anthony L. Zietman, MD<sup>5</sup>; Reshma Jagsi, MD, DPhil<sup>2</sup>; Matthew J. Schipper, PhD<sup>2</sup>; and Daniel E. Spratt, MD<sup>2</sup>

Journal of Clinical Oncology 2019 37:14, 1209-1216

- "Randomized controlled trials (RCTs) are the gold standard for comparing treatment efficacy."
- Regarding observational studies and RCTs: "There was no agreement beyond what is expected by chance."



# Phases of Clinical Trials

Phase I trials test safety (e.g. maximum tolerated dose) in a small number of patients.

Phase II trials investigate preliminary evidence of efficacy.

Phase IV is voluntary and looks at effects in large populations after a drug / intervention is approved.

Phase III confirms efficacy and identifies common side effects by comparing to standard-of-care.









Preliminary Report

Extracranial Stereotactic Radioablation \*:
Results of a Phase I Study in Medically
Inoperable Stage I Non-small Cell Lung
Cancer

Timmerman, Robert MD <sup>a</sup> <sup>A</sup> <sup>B</sup>, Papiez, Lech PhD <sup>a</sup>, McGarry, Ronald MD <sup>c</sup>, Likes, Laura RT <sup>a</sup>, DesRosiers, Colleen MS <sup>a</sup>, Frost, Stephanie MS <sup>c</sup>, Williams, Mark MD <sup>b</sup>

Show more V

Phase I Example in Radiation Oncology





# Phase II Example in Radiation Oncology

Clinical Trial

> JAMA. 2010 Mar 17;303(11):1070-6. doi: 10.1001/jama.2010.261.

# Stereotactic body radiation therapy for inoperable early stage lung cancer



Robert Timmerman <sup>1</sup>, Rebecca Paulus, James Galvin, Jeffrey Michalski, William Straube, Jeffrey Bradley, Achilles Fakiris, Andrea Bezjak, Gregory Videtic, David Johnstone, Jack Fowler, Elizabeth Gore, Hak Choy

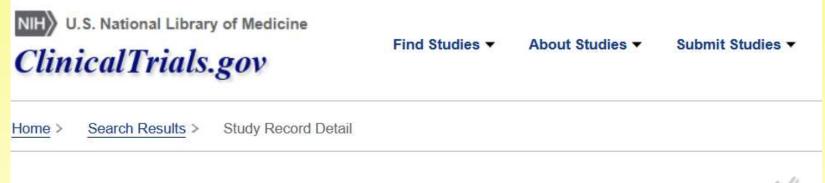
### RADIATION THERAPY ONCOLOGY GROUP

**RTOG 0236** 

A Phase II Trial of Stereotactic Body Radiation Therapy (SBRT) in the Treatment of Patients with Medically Inoperable Stage I/II Non-Small Cell Lung Cancer



# Phase III Example in Radiation Oncology



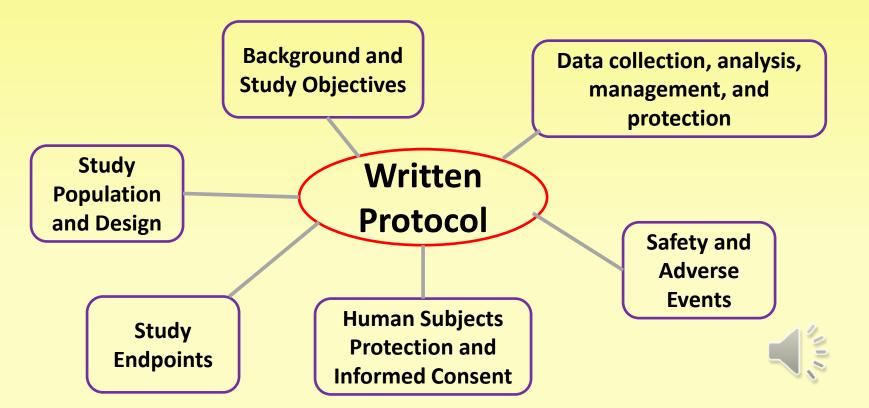
Veterans Affairs Lung Cancer Surgery Or Stereotactic Radiotherapy (VALOR)



The standard of care for stage I non-small cell lung cancer has historically been surgical resection in patients who are medically fit to tolerate an operation. Recent data now suggests that stereotactic radiotherapy may be a suitable alternative. This includes the results from a pooled analysis of two incomplete phase III studies that reported a 15% overall survival advantage with stereotactic radiotherapy at 3 years. While these data are promising, the median follow-up period was short, the results underpowered, and the findings were in contradiction to multiple retrospective studies that demonstrate the outcomes with surgery are likely equal or superior. Therefore, the herein trial aims to evaluate these two treatments in a prospective randomized fashion with a goal to compare the overall survival beyond 5 years. It has been designed to enroll patients who have a long life-expectancy, and are fit enough to tolerate an anatomic pulmonary resection with



# The Protocol





N Engl J Med. 1987 Jul 16;317(3):141-5. doi: 10.1056/NEJM198707163170304.

### Equipoise and the ethics of clinical research

B Freedman

PMID: 3600702 DOI: 10.1056/NEJM198707163170304

### Abstract

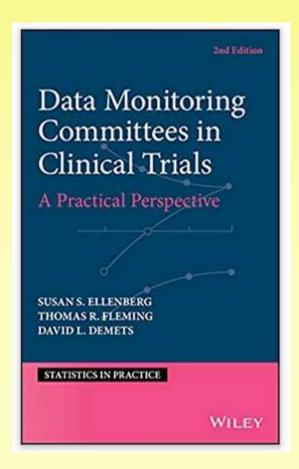
The ethics of clinical research requires equipoise--a state of genuine uncertainty on the part of the clinical investigator regarding the comparative therapeutic merits of each arm in a trial. Should the investigator discover that one treatment is of superior therapeutic merit, he or she is ethically obliged to offer that treatment. The current understanding of this requirement, which entails that the investigator have no "treatment preference" throughout the course of the trial, presents nearly insuperable obstacles to the ethical commencement or completion of a controlled trial and may also contribute to the termination of trials because of the failure to enroll enough patients. I suggest an alternative concept of equipoise, which would be based on present or imminent controversy in the clinical community over the preferred treatment. According to this concept of "clinical equipoise," the requirement is satisfied if there is genuine uncertainty within the expert medical community--not necessarily on the part of the individual investigator--about the preferred treatment.

### **Terms**

### **Equipoise**







### **More Terms**

### **Data Monitoring Committee**

An independent panel that protects trial participants by monitoring and acting upon ongoing trial results.

From: https://www.nih.gov/health-information/nih-clinical-research-trials-you/basics



# Physical Exam STUDY NAME Protocol Number: \_\_\_\_\_\_ | Visit Date: \_\_\_\_\_\_ | d d / m m m / y y y y Visit Type: | Screening | Baseline | Visit 1 | Visit 2 | Visit 3 | Visit 4 | Visit 5 | Completion Visit

Category	Normal or Abnormal	If abnormal, describe below	Change from baseline
General Appearance	□Normal		□Yes
	□ Abnormal		□No
	☐ Not Examined		□NA
HEENT (Head, Eye, Ear, Nose, Throat)	□Normal		□Yes
	□ Abnormal		□No
	☐ Not Examined		□NA
Neck	□Normal		□Yes
	□ Abnormal		□No
	☐ Not Examined		□NA
Chest and Lungs	□Normal		□Yes
	☐ Abnormal		□No
	☐ Not Examined		□NA
Cardiovascular	□Normal		□Yes
	□ Abnormal		□No
	Malek Commissed		

### **More Terms**

### **Case Report Forms**

Case report forms are used to collect the data from clinical trials. They are carefully designed and each data element is tied to a source document.



# Study Principal Investigator

The study Principal Investigator is responsible for all aspects of the trial such as: screening, enrollment, treatment, compliance with federal regulations, ensuring proper IRB oversight, data collection, data monitoring, data reporting, financial aspects, patient welfare, the conduct of other co-investigators and staff....

AN ENORMOUS RESPONSIBILITY!





# Medical Physics Co-Chair

Clinical trials that involve radiation therapy, advanced imaging, or novel uses of ionizing radiation may include a *Medical Physics Co-Chair*. She/he reports to the principal investigator and manages medical physics aspects of the trial.





# Site (Principal) Investigator

### Circulation Volume 135, Issue 13, 28 March 2017, Pages 1185-1187 https://doi.org/10.1161/CIRCULATIONAHA.116.026650 FRAME OF REFERENCE - ON MY MINDON MY MIND Site Principal Investigators in Multicenter Clinical Trials Appropriately Recognizing Key Contributors Robert J. Mentz, MD and Eric D. Peterson, MD, MPH Key Words: clinical science © 2017 American Heart Association, Inc. he success or failure of multicenter clinical trials will remain dependent in large part on the engagement of the site principal investigator (PI). Site PIs play an important role in trial selection, site activation, and study execution, including the development and

implementation of a strategy to maximize enrollment, optimize data quality, and ensure patient retention. It is notable that the legal, regulatory, financial, and workload burden for site PIs has Applies to a multi-center clinical trial: A site PI will oversee, and be responsible for, the conduct of the trial at each participating site.





### Site Clinical Research Coordinator

Applies to a multi-center clinical trial: Each site will typically have a clinical research coordinator that is assigned the specific study and works under the direction of the site PI. They are a clinical trial professional that manages many of the day-to-day study operations at the local level.



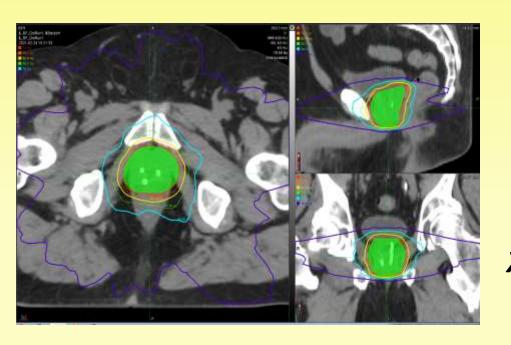
## One Last Definition

"In virtually every research study departures occur from the procedures set forth in the IRB-approved protocol. Various terms are used to describe these departures, including "protocol deviations," "protocol violations," "protocol variances," and "non-compliance." For the purposes of this recommendation, such departures shall be herein referred to as "protocol deviations."

From: https://www.hhs.gov/ohrp/sachrp-committee/recommendations/2012-march-30-letter-attachment-c/index.html



# Has This Happened to You?



"I'm checking a prostate plan and I see that the proximal seminal vesicle structure doesn't match our standard clinical approach. There is a note about following protocol XYZ. Are we currently enrolling patients on this protocol?"





### **RO Clinical Trials**

Question: What can a Medical Physicist do to ensure the success of a Radiation Oncology clinical trial?

Answer: Prepare in advance, be an expert on the clinical aspects of the protocol, develop a working relationship with the key players, adapt your clinical processes as needed, and implements methods to ensure trial compliance.



### 1. Know the Protocol

- Identify where your standard processes differ from the protocol.

- Does your hardware and software meet protocol standards? *Example: Your TPS algorithm* 



Step up and lead the way.



Table 7.4d.1 Description and Naming of Required Target Volumes

Standard Name	Description	Validation Required/Required when applicable	
GTV_ddGyx F	GTV to receive dd Gy per fraction for F fractions	Required	
IGTV_ddGy xF	IGTV to receive dd Gy per fraction for F fractions	per Required	
PTV_ddGyx F	PTV to receive dd Gy per fraction for F fractions	Required	
PTV20	PTV + 20 mm expansion defined to control intermediate dose spillage	Required	

e.g., **dd = Gy** and **F = number of fractions**; If plan is for a central lung lesion prescribed to a total of 50 Gy delivered in 5 fractions, the PTV is to be named **PTV\_10Gyx5**, where 10 Gy is to be given per fraction, for 5 fractions.

Do you use the same target and OAR nomenclature found in the protocol?

Here are target names from \$1914.



Follow the protocol!



### Target and OAR structure definitions are critical

Int J Radiat Oncol Biol Phys. 2021 Jan 1;109(1):174-185. doi: 10.1016/j.jirobp.2020.08.034. Epub 2020 Aug 27.

NRG Oncology Updated International Consensus Atlas on Pelvic Lymph Node Volumes for Intact and Postoperative Prostate Cancer

William A Hall <sup>3</sup>, Eric Pauhon <sup>2</sup>, Brian J Davis <sup>3</sup>, Daniel E Spratt <sup>8</sup>, Todd M Morgan <sup>3</sup>, David Dearnaley <sup>8</sup>, Alson C Tree <sup>6</sup>, Jason A Elstathiou <sup>2</sup>, Mukesh Harrisinghani <sup>8</sup>, Ashesh B Jani <sup>9</sup>, Mark K Buyyounouski <sup>10</sup>. Thomas M Pisansky <sup>3</sup>, Phuoch T Tran <sup>10</sup>, R Jeffrey Karnes <sup>12</sup>, Romald C Chen <sup>13</sup>, Fabio L Cury <sup>14</sup>, Jeff M Michalski <sup>15</sup>, Seth A Rosenthal <sup>15</sup>, Bridget F Koontz <sup>17</sup>, Anthony C Wong <sup>18</sup>, Paul L Nguyen <sup>18</sup>, Thomas A Hope <sup>22</sup>, Felix Feng <sup>18</sup>, Howard M Sandler <sup>21</sup>, Colleen A F Lawton <sup>2</sup>

> Radiother Oncol. 2020 Sep;150:30-39. doi: 10.1016/j.radonc.2020.05.038. Epub 2020 Jun 3.

### Organ at risk delineation for radiation therapy clinical trials: Global Harmonization Group consensus guidelines

Romaana Mir <sup>1</sup>, Sarah M Kelly <sup>2</sup>, Ying Xiao <sup>3</sup>, Alisha Moore <sup>4</sup>, Catharine H Clark <sup>5</sup>, Enrico Clementel <sup>6</sup>, Coreen Corning <sup>6</sup>, Martin Ebert <sup>7</sup>, Peter Hoskin <sup>8</sup>, Coen W Hurkmans <sup>9</sup>, yrid Kristensen <sup>11</sup>, Stephen F Kry <sup>12</sup>, Joerg Lehmann <sup>13</sup>, Jeff M Michalski <sup>14</sup>,

Practice Guideline > Int J Radiat Oncol Biol Phys. 2012 Jul 1;83(3):e353-62. doi:10.1016/j.ijrobp.2012.01.023.Epub 2012 Apr 6.

Pelvic normal tissue contouring guidelines for radiation therapy: a Radiation Therapy Oncology Group consensus panel atlas

Hiram A Gay <sup>T</sup>, H Joseph Barthold, Elizabeth O'Meara, Walter R Bosch, Issam El Naqa, Rawan Al-Lozi, Seth A Rosenthal, Colleen Lawton, W Robert Lee, Howard Sandler, Anthony Zietman, Robert Myerson, Laura A Dawson, Christopher Willett, Lisa A Kachnic, Anuja Jhingran, Lorraine Portelance, Janice Ryu, William Small Jr, David Gaffney, Akila N Viswanathan, Jeff M Michalski Radiother Oncol. 2019 Aug; 137:1-8. doi: 10.1016/j.radonc.2019.04.012.

Epub 2019 Apr 28.

Impact of deviations in target volume delineation of time for a new RTQA approach?

Samantha Cox <sup>1</sup>, Anne Cleves <sup>2</sup>, Enrico Clementel <sup>3</sup>, Elizabeth Miles <sup>4</sup>, John Staffurth <sup>3</sup>, Sarah Gwynne <sup>6</sup>



> Pract Radiat Oncol. 2021 Mar 1;S1879-8500(21)00057-6. doi: 10.1016/j.prro.2021.02.007. Online ahead of print.

### Rigid and Deformable Image Registration for Radiation Therapy: A Self-Study Evaluation Guide in YYYY Clinical Trial Participation

Yi Rong <sup>1</sup>, Mihaela Rosu-Bubulac <sup>2</sup>, Stanley H Benedict <sup>3</sup>, Yunfeng Cui <sup>4</sup>, Russell Ruo <sup>5</sup>, Tanner Connell <sup>5</sup>, Rojano Kashani <sup>6</sup>, Kujtim Latifi <sup>7</sup>, Quan Chen <sup>8</sup>, Huaizhi Geng <sup>9</sup>, Jason Sohn <sup>10</sup>, Ying Xiao <sup>9</sup>

Affiliations + expand

PMID: 33662576 DOI: 10.1016/j.prro.2021.02.007

As is Image Registration!





### 2. Know The People



- You should know your site principal investigator and, if possible, develop a strong working relationship with them.
  - Work closely with the site clinical study coordinator on documentation, data collection, and data submission. They will keep you up-to-date on enrollments, randomizations, and training.
- If you have questions about the protocol reach out to your local team first, then Medical Physics co-chair or Study PI if needed.

### 3. Modify Local Processes / Procedures If Required

 In some cases local processes and procedures could lead to a protocol deviation. You may need to need to modify existing methods and/or possibly develop new ones and then *train staff*.

Simple example: The trial protocol requires a 2 mm or smaller slice thickness when performing a CT simulation scan. Your current clinical simulation method uses a 2.5 mm slice thickness.



- 4. Implement Protocol-Specific Compliance Tools and Templates
- If you can't meet a trial constraint you should know before you approve the plan!

Are there any major violation?

What are acceptable deviations?

Are the margins and dose coverage per protocol?

Are unique structure name and contour requirements followed?





#### 4. Implement Protocol-Specific Compliance Tools and Templates

PTV Name:  PTV Margin: CTV + mm axial and mm craniocaudal expansion Acceptable (5 mm to 7 mm) Deviation (< 5 mm or > 7 mm)			Parameter	Result	Protocol Score
			1. Lung V20 (%)	3.0	ACCEPTABLE
			2. Spinal Cord Dose to vol (Gy)	10.7	ACCEPTABLE
			2. Spinal Cord Dmax (Gy)	12.4	ACCEPTABLE
			3. Esophagus Dose to vol (Gy)	4.7	ACCEPTABLE
			3. Esophagus Dmax (Gy)	7.7	ACCEPTABLE
PTV Coverage	PTV Coverage	Compliance (check one	4. Brachial Plexus Dose to vol (Gy)	0.2	ACCEPTABLE
(% of Prescription Dose)	Achieved		4. Brachial Plexus Dmax (Gy)	0.3	ACCEPTABLE
Minimum V100% >94%	V100% = %	Acceptable Deviation Unacceptable	5. Heart Dose to vol (Gy)	5.1	ACCEPTABLE
			5. Heart Dmax (Gy)	9.1	ACCEPTABLE
			6. Great Vessel Dose to vol (Gy)	8.3	ACCEPTABLE
V90% > 99.9%	V90% = %	Acceptable Deviation Unacceptable	6. Great Vessel Dmax (Gy)	15.1	ACCEPTABLE
			7. Trachea Dose to vol (Gy)	0.6	ACCEPTABLE
			7. Trachea Dmax (Gy)	1.2	ACCEPTABLE
Dmax <167%	Dmax =%	Acceptable Deviation Unacceptable	8. Bronchus Dose to vol (Gy)	12.3	ACCEPTABLE
			8. Bronchus Dmax (Gy)	24.6	ACCEPTABLE
			9. Rib Dose to vol (Gy)	27.8	ACCEPTABLE
			9. Rib Dmax (Gy)	52.6	ACCEPTABLE



#### MEDICAL PHYSICS

The International Journal of Medical Physics Research and Practice

Technical Note | @ Full Access

Technical Note: A standardized automation framework for monitoring institutional radiotherapy protocol compliance

Sarah Quirk . Jordan Lovis. Kallyn Stenhouse. Lukas Van Dyke. Michael Roumellotis. Kundan Thind

First published: 23 February 2021 | https://doi.org/10.1002/mp.14797

## Scripting and Automation Applications in Photo/Proton Clinics and Clinical Trials

Taoran Li, Ph.D., DABR

Assistant Professor

Perelman School Of Medicine, University Of Pennsylvania

#### Center for Innovation in Radiation Oncology (CIRO)

#### LEADERSHIP

Walter J. Curran Jr., MD Jeffrey M. Michalski, MD Ying Xiao, PhD



#### GENERAL INFORMATION

NRG Protocol Radiation Therapy Section Template

Structure Names, Templates, and Definitions

Organ at Risk Dosimetric Constraints Summary/Worksheets (HN/BN)

Organ at Risk Dosimetric Constraints Summary/Worksheets (GU/GY/GI)

NCTN CIRO Radiotherapy Section Feedback

Radiation Therapy and Diagnostic Imaging Questionnaire



Machine Learning Radiotherapy Plan Models (HN001, HN002)





#### **Clinical Trials**



TRIAD securely moves DICOM images, structured and unstructured reports, and DICOM RT objects across the Internet.

#### **Know How to Prepare Trial Data**

- Many clinical trials require the submission of RT treatment plans and treatment records.
- The Medical Physicist often oversees the data preparation and submission. Follow the instructions referenced in the



If you are going to become involved in a trial, then you should strive to be the site expert on implementing the protocol in your clinic!



Your homework: Read and Follow the AAPM Task Group Report

## Guidance for the Physics Aspects of Clinical Trials

The Report of AAPM Task Group 113

January 2018





FLASHBACK: BEFORE YOU ENROLL PATIENTS

#### Credentialing



Paige Taylor from IROC @ MD Anderson will tell you everything you need to know about credentialing and will also discuss key organizations and resources for aspiring trial physicists.



#### Introduction

- Paige Taylor, MS, DABR
- Medical Physicist at IROC's Houston Office
- Focus: radiation therapy



pataylor@mdanderson.org



@mpPaigeTaylor





## Session Learning Objectives

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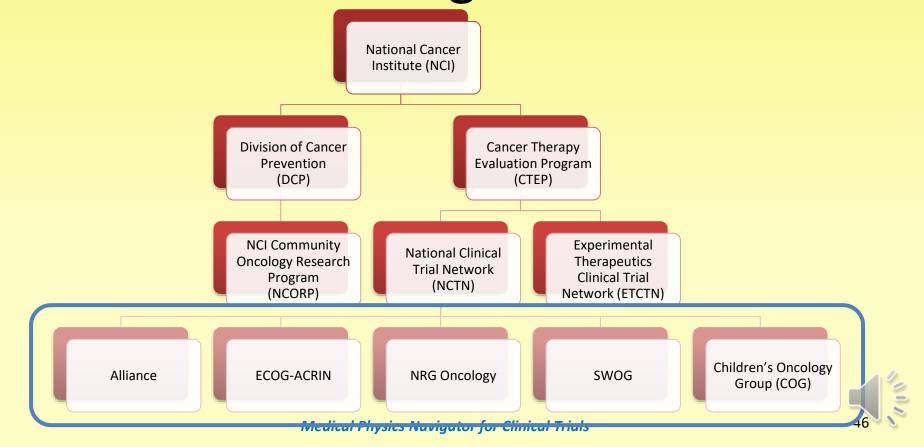
#### So. Many. Acronyms.

Let's start with some basic org charts and common acronyms you'll hear in the clinical trials space





#### **NCI Trial Organizations**



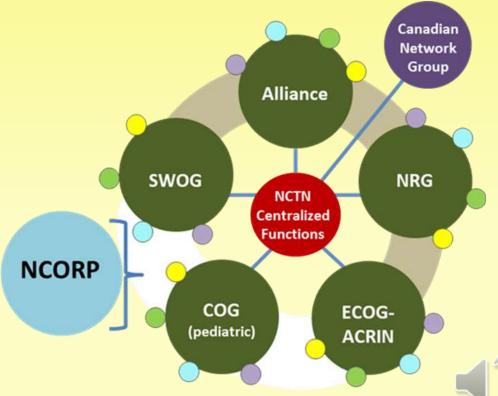


## **Key Organizations: NCTN**

#### **LEGEND:**

- Central Functions:
  - CIRB
  - CTSU
  - IROC
  - Common Data System/Hosting
  - Network Accrual Team
- 30 LAPS

- Tumor Banks
- Operations Centers
- Member Sites
- Statistics/Data Ctrs





#### Key Organizations: International Trial Groups





## Key Organizations: IROC

NCI Clinical Trial Support



- 1. Site Qualification
- 2. Trial Design Support
- 3. Credentialing
- 4. Data Management
- 5. Case Review





# Clinical Trial Group Membership





## Membership: NCTN

- Each clinical trial group within the NCTN has its own membership process
  - Alliance: <a href="https://www.allianceforclinicaltrialsinoncology.org/main/public/stand">https://www.allianceforclinicaltrialsinoncology.org/main/public/stand</a> ard.xhtml?path=%2FPublic%2FBecome-Member
  - COG: <a href="https://childrensoncologygroup.org/index.php/joiningcog">https://childrensoncologygroup.org/index.php/joiningcog</a>
  - ECOG-ACRIN: <a href="https://ecog-acrin.org/about-us/membership">https://ecog-acrin.org/about-us/membership</a>
  - NRG: <a href="https://www.nrgoncology.org/About-Us/Membership">https://www.nrgoncology.org/About-Us/Membership</a>
  - SWOG: <a href="https://www.swog.org/about/join-swog-cancer-research-network">https://www.swog.org/about/join-swog-cancer-research-network</a>
  - CCTG: https://www.ctg.queensu.ca/public/become-member

## Membership: NCTN

- Various Membership Types: Lead, Affiliate, International, etc.
- Reciprocity between NCTN groups

NCTN Group Membership

## State Dept. Clearance

 ONLY for international members outside North America, US State Department clearance is required

- Join NCTN Roster
- Complete New Participant Demographics Form <u>or</u> QUIC Imaging Survey

**IROC** 





## Membership: NCTN Roster

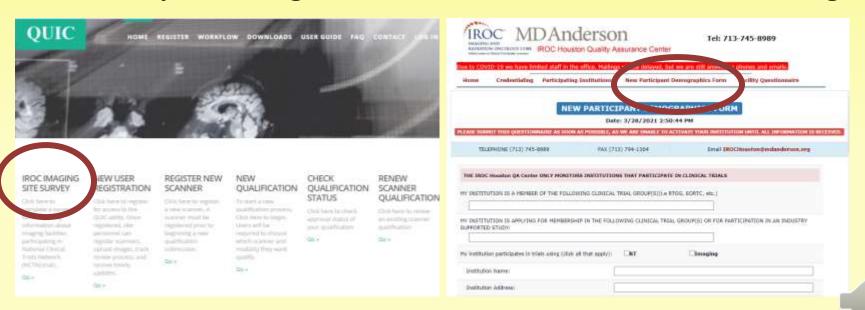
- IROC, CTEP and CTSU are creating a new NCTN Member Roster for Imaging <u>and</u> Radiation Therapy Facilities participating in Network trials
- Roster includes Imaging and Radiation
   Therapy Facilities at non-enrolling sites as well as those at enrolling site institutions



#### Membership: NCTN Roster

quic.acr.org

#### irochouston.mdanderson.org





## Clinical Trial Resources





#### Resources: CTSU

#### CTSU Website: www.ctsu.org

- Protocol and protocolrelated documents
- Funding information for studies under the NCI National Clinical Trials Network (NCTN)
- NCI Central Institutional Review Board (CIRB) documents for sites participating in the CIRB initiative
- Links to Medidata Rave® and the Oncology Patient Enrollment Network (OPEN)
- Access to the Data Quality Portal, Site Audit Portal, and accrual information
- Information on regulatory submissions
- Educational materials
- E-mail notification on protocol updates

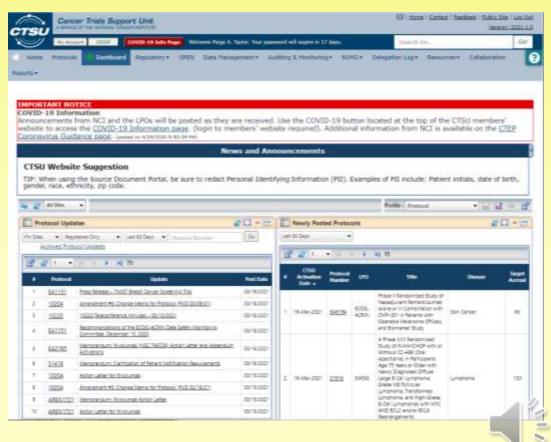




## Resources: CTSU

In order to get access to CTSU website, need to register for CTEP IAM account:

https://ctepcore.nci.nih.gov/iam





#### Resources: TRIAD

- TRIAD is the American College of Radiology's (ACR) image exchange application
- New NCTN trials use TRIAD for dosimetry digital treatment data submission

Need help with TRIAD?

```
https://triadhelp.acr.org
```

703-390-9858

Triad-Support@acr.org





#### Resources: Contouring Atlases

#### NCTN has contouring atlases for:

- Brain
- Breast
- Extremity Soft Tissue Sarcoma
- GI
- **GU**
- GYN
- H&N
- Lung
- Male Normal Pelvis
- Upper abdomen



https://www.nrgoncology.org/cirocontouring-atlases-templates-and-tools





## Resources: Physics Committees

Many clinical trial groups have medical physics committees. These are a great resource for trial information

- NRG Oncology Medical Physics Subcommittee
- COG Medical Physics Committee
- AAPM Work Group on Clinical Trials (us!)





# Clinical Trial Credentialing





## Importance of Credentialing

Goal of credentialing: ensure comparability and consistency across centers participating in trials

Peters, et al. found that noncompliant RT resulted in a 40% decrease in Overall Survival

Journal of Clinical Oncology > List of Issues > Volume 28, Issue 18 >

ORIGINAL REPORTS | Head and Neck Cancer

#### Critical Impact of Radiotherapy Protocol Compliance and Quality in the Treatment of Advanced Head and Neck Cancer: Results From TROG 02.02

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## Importance of Credentialing

Weber, et al. found that a majority of RT trials had a primary end-point negatively impacted by protocol deviations

Clinical trial credentialing helps minimize uncertainty and reduce these deviations

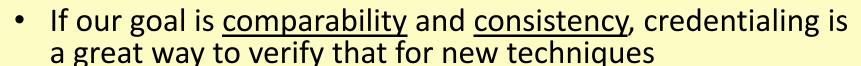






## Importance of Credentialing

- Credentialing is very important in the context of new technologies in clinical trials
  - Proton therapy
  - Adaptive RT
  - MR-linacs
  - Targeted radionuclide therapy







# What does credentialing involve?





IROC is the main credentialing body for the NCI



- 1. Site Qualification FQs, ongoing QA, proton approval
- 2. Trial Design Support/Assistance protocol review, help desk
- 3. Credentialing phantoms, IGRT, knowledge assessments, benchmarks
- 4. Data Management pre-review, use of TRIAD, post-review for analysis
- 5. Case Review pre-, on-, post-treatment clinical reviews





- Types of credentialing:
  - Phantoms
  - IGRT
  - Scanner qualification
  - Knowledge assessments
  - Benchmarks
  - pre-, on-, post-treatment clinical reviews





Where can you find credentialing information?

The protocol

(check <u>www.ctsu.org</u>)

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lentialing und under .mdanderson.org)
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Where can you find credentialing information?

**IROC** website

(www.irochouston.mdanderson.org)

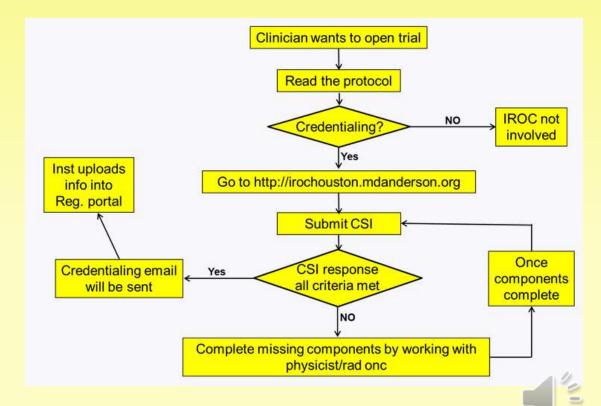




Here's a little cheat sheet
for figuring out
credentialing for your
center for a clinical trial

Best place to start: Credentialing Status Inquiry Form (CSI)

On IROC website





#### Credentialing: Phantoms



H&N



SRS



Lung



Liver



Spine



**Prostate** 

Phantoms are an effective end-toend test of an institution's RT treatment abilities

Phantom are used for credentialing in a majority of NCTN RT trials





## Credentialing: Phantoms

Improve Phantom
Irradiation
Performance

High Quality Trial Data

Improve RT Comparability and Consistency



#### **IROC SRS Phantom**

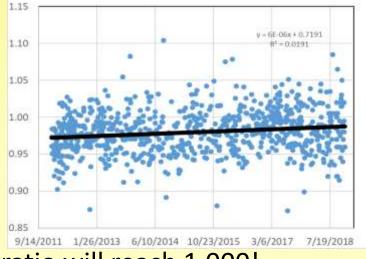
- Simulates 1.9 cm brain lesion
- Rx: 30 Gy
- Acceptance Criteria:
   ±5% TLD, 5%/3mm film





#### SRS Phantom TLD:TPS vs Irradiation Date

- Significant improvement with time (p<<0.01)</li>
  - Improved small field dosimetry
  - Improved beam modeling in TPS
- 2012, average TLD ratio: 0.972
- Present, average TLD ratio: 0.987
- Before the end of 2023, average TLD ratio will reach 1.000!





#### Sources of SRS Phantom Errors:

- Incorrect Cone factors/output factors
  - TRS-483 is great for improving measurement
  - Modeling can be a separate issue
- Incorrect TMR in TPS
- Incorrect HU-electron density conversion
- Incorrect reference specification in TPS
- Incorrect manual adjustment of output factors
- Minimize errors by following best clinical practice





#### SRS Phantom Resources

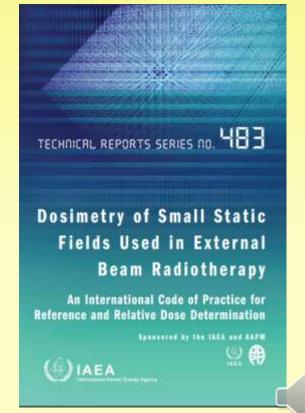
JOURNAL OF APPLIED CLINICAL MEDICAL PHYSICS, VOLUME 13, NUMBER 5, 2012

#### The Radiological Physics Center's standard dataset for small field size output factors

David S. Followill, <sup>1a</sup> Stephen F. Kry, <sup>1</sup> Lihong Qin, <sup>2</sup> Jessica Leif, <sup>1</sup> Andrea Molineu, <sup>1</sup> Paola Alvarez, <sup>1</sup> Jose Francisco Aguirre, <sup>1</sup> and Geoffrey S. Ibbott <sup>1</sup>

Department of Radiation Physics, <sup>1</sup> Radiological Physics Center, The University of Texas M. D. Anderson Cancer Center, Houston, Texas, USA; Department of Therapeutic Radiology, <sup>2</sup> University of Minnesota, Minneapolis, MN, USA dfollowi@mdanderson.org

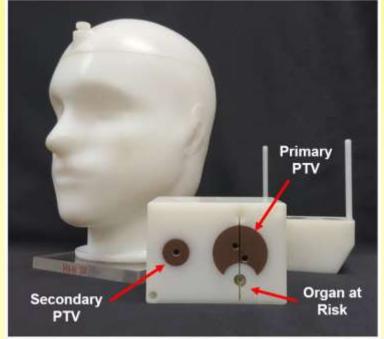
Received 4 March, 2012; accepted 30 May, 2012





#### **IROC H&N Phantom**

- Simulates nasopharyngeal lesion with nodal involvement
- Acceptance Criteria:
   ±7% TLD, 7%/4mm film





## Main sources of H&N phantom errors:

- Systematic dose
- Setup
- Local
- Global

#### MEDICAL PHYSICS

The International Journal of Medical Physics Research and Practice

Therapeutic interventions 🖹 Open Access 😊 🕦

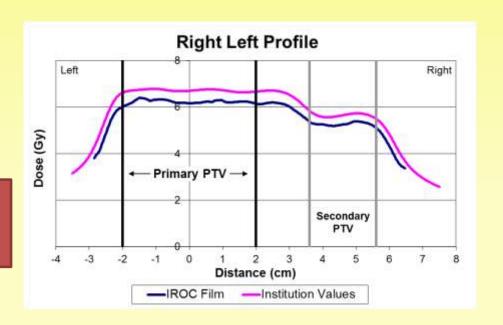
Examining credentialing criteria and poor performance indicators for IROC Houston's anthropomorphic head and neck phantom

Mallory E. Carson, Andrea Molineu, Paige A. Taylor, David S. Followill, Francesco C. Stingo, Stephen F. Kry

First published: 11 November 2016 | https://doi.org/10.1118/1.4967344 | Citations: 27

**69%** of H&N phantoms failures were due to:

Systematic errors in the TPS dose calculation



Carson, et al. Med. Phys. 2016



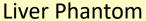
Phantoms with motion: lung & liver

Can you guess the number one source of error in these phantoms??

**Lung Phantom** 





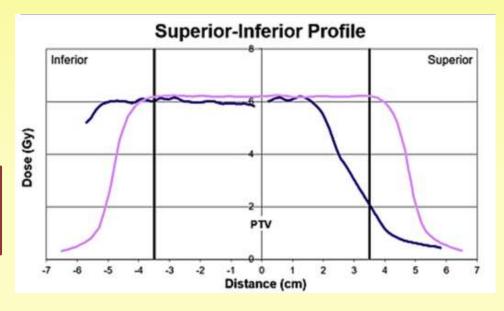






Top error in lung and liver phantoms:

Localization error in the direction of motion







#### Practical Radiation Oncology

Available online 30 November 2020 In Press, Corrected Proof (7)





#### Practical Radiation Oncology

Volume 10, Issue 5, September-October 2020, Pages 372-381



Basic Original Report

#### Failure Modes in IROC Photon Liver Phantom Irradiations

Paige A. Taylor MS <sup>a, b</sup>, Paola E. Alvarez MS <sup>a, b</sup> A ⊠, Hunter Mehrens MS <sup>a, b</sup>, David S. Followill PhD <sup>a, b</sup>

Show more V



Differences in the Patterns of Failure Between IROC Lung and Spine Phantom Irradiations

Sharbacha S. Edward BS a, b, c, Paola E. Alvarez MS b, c, Paige A. Taylor MS a, b, c, H. Andrea Molineu MS b, c, Christine B. Peterson PhD a, d, David S. Followill PhD a, b, c, Stephen F. Kry PhD a, b, c & 🖾





Second most common error in lung phantoms:

Systematic dose error

Typically a result of less sophisticated algorithms

Pencil beam algorithms not allowed for photons or

protons on NCTN lung protocols anymore





## Credentialing: IGRT

#### **IGRT Credentialing**

 Typically required for trials that allow reduced treatment margins (<5 mm)</li>

#### 2 Types

- Boney H&N/brain + pelvis
- Soft Tissue Lung/liver/pancreas + pelvis

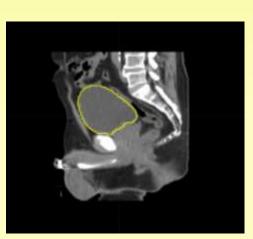
#### **Submission Requirements**

- Planning CT (DICOM) for 1 patient
- DICOM RT Structures
- DICOM RT Plan
- DICOM RT Dose
- DICOM localization images (e.g. CBCT or MRI) for 2 fx
- DICOM spatial registration file
- Completed DDSI
- Completed Online IGRT Questionnaire

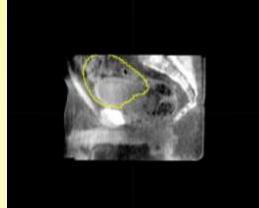


## Credentialing: IGRT

#### Potential pitfall: inconsistent bladder filling







Slide courtesy of Andrea Molineu





## Credentialing: Imaging Scanners



- Credentialing required for some imaging modalities, like PET/CT
- Might be required multiple times during protocol, e.g. PET credentialing required annually for NRG GY006 protocol

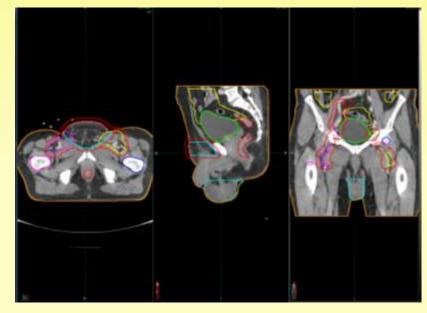
https://www.biodex.com/nuclear-medicine/products/pet-positron-emission-tomography/pet-phantoms/flangeless-deluxe-pet-and-sp





## Credentialing: Benchmarks

- Benchmark plans
   provide single data set
   for every institution to
   practice on
- Credentialing reviews:
  - Contouring
  - Planning
  - Both



Slide courtesy of Jessica Lowenstein



## Credentialing: Patient Plan Reviews

- Pre-treatment
  - Must be reviewed rapidly before patient is treated
  - Biggest impact, but lots of pressure
- On-treatment
  - Relieves some of the time pressure, but allows PIs insight into common planning deviations
  - Opportunity to discuss with co-investigators while the trial is accruing
- Post-treatment
  - Done for most trials to check if trial constraints were met





# Credentialing: Knowledge Based Planning

- Becoming more popular for clinical use
- Also employed in a few clinical trials (e.g. NRG GY006)
  - Institution's plan run through KBP program
  - Recommendations to institution about possible ways to improve their plan





## Credentialing: Patient Plan Reviews

Review Type	Major Deviation Rate 2018
Benchmark	16%
Pre-treatment	21%
Post-treatment	9%



## Credentialing

- Credentialing → reduce deviations
- We hope you can use some of these tips and tricks to help you on your own credentialing journey
- Don't hesitate to reach out if you ever have questions!

pataylor@mdanderson.org







## And once all the credentialing is done...

You can pass the torch to your physician colleagues!

Now for the clinician perspective on clinical trials, from Shruti Jolly, M.D.



Professor and Associate Medical Director of Strategic Planning & Business Development, University of Michigan



## The Physician's Perspective

Shruti Jolly MD
Professor, Department of Radiation Oncology
University of Michigan, Ann Arbor, MI





## Outline

- Clinical Research Overview
- Radiation Oncologist's Role
- Role in trial development and leadership
- Recruitment strategies
- Case scenarios





## Defining clinical research

- The study of human beings in a systematic investigation of human biology, health, or illness, designed to develop or contribute to generalizable knowledge
- Inclusive of a set of activities that are meant to test a hypothesis, formed on particular treatments/diagnostics/medical devices...
- The conclusions drawn from such research, thereby contribute to generalizable knowledge which will be used to improve medical care or the public health and thus serve the common or collective good.





## Defining physician's role

- Investigator in clinical trials
  - Enroll patients of clinical practice into clinical trials
- Tailor studies independently
  - Helps in understanding and revising the modes of practice
- Industry
  - Medical monitor, clinical administrator, medical advisor, CMO





## Role in trial development & leadership

- Designing of investigator initiated trial
  - Clinical
  - Biomarker driven
  - Drug design
- Multi-institutional collaborative clinical trial
  - NRG, SWOG
  - Various subcommittees and trials of NRG led by physicists
- Prospective registry data
- NIH, Industry





## Clinical Trial Recruitment

- Recruitment strategies
  - Sharing with other health care providers (locally and nationally)
  - Connecting with patient advocates
  - Recruitment campaigns (social media)
  - Screening for multiple trials at a time
  - Patient convenience
  - Incentives

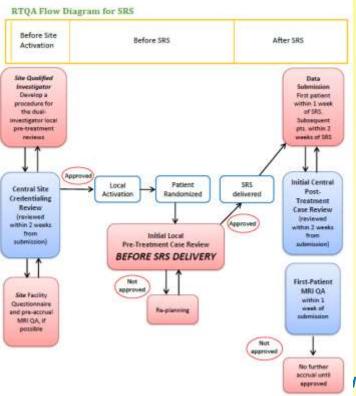


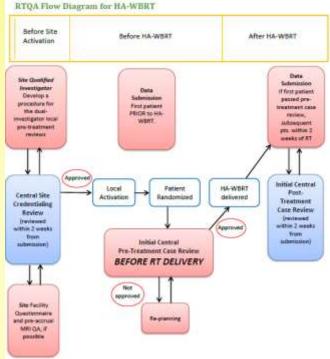


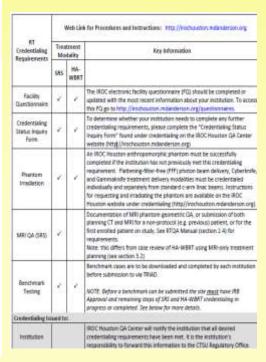
CCTG-CE-7: A Phase III Trial of Stereotactic Radiosurgery Compared with Whole Brain Radiotherapy (WBRT) for 5-15 Brain Metastases

## Case scenario 1











## Case scenario 2

- UM IIT study (UMCC 2015.035) Individualization of Lung cancer Treatment – using radiographic and biological biomarkers
  - PO1 funding, clinical protocol design
  - Frequent research team meetings to evaluate accrual, adverse events and logistical issues
    - Evaluate lung toxicity, and tumor failures
  - Trial analyses, abstracts/manuscripts
  - Decide on next steps and ways to obtain additional funding to continue building upon work



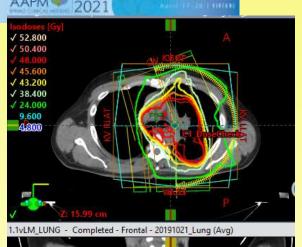


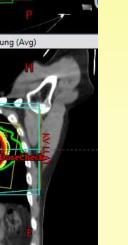
### Case scenario 3

- SPRINT study (Merck sponsored multisite study, Ohri et al.)
  - Locally Advanced NSCLC patients with high PDL1 undergo 3 cycles of Pembrolizumab then PET adaptive radiation (no chemo)
  - 1 year later, patient presented with hemoptysis and was found to have local recurrence. Restaging scans were otherwise negative.

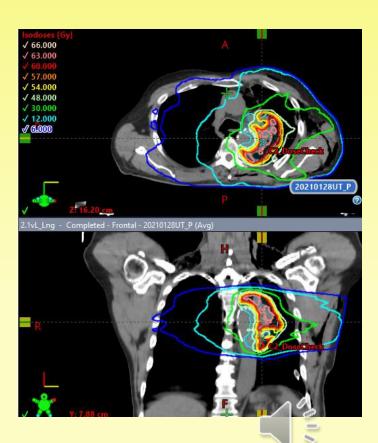


#### **AAPM Work Group on Clinical Trials**









2.4 Gy in 20 fxs to 48 Gy per protocol

**Local Recurrence treated in 15 fractions** 



## Conclusions

 Partnership of radiation oncologist with medical physicist is vital to the success of clinical trials in the radiation oncology clinic

